



**BOYS & GIRLS CLUB**  
OF MOULTRIE / COLQUITT COUNTY

# OCTOBER SNACK MENU



				<b>10/1/21</b> Banana Muffin, Milk
<b>10/4/21</b> Cinnamon Chex Cereal, Milk	<b>10/5/21</b> Cheez-it Crackers, 100% Grape Juice	<b>10/6/21</b> Chocolate Chip Muffin, Milk	<b>10/7/21</b> Graham Crackers, 100% Fruit Juice	<b>10/8/21</b> Goldfish Crackers, 100% Apple Juice
<b>10/11/21</b> Blueberry Muffin, Milk	<b>10/12/21</b> Beef Taquitos, 100% Grape Juice	<b>10/13/21</b> Bug Bite Crackers, 100% Fruit Juice	<b>10/14/21</b> 1/2 PBJ Sandwich, Milk	<b>10/15/21</b> Nachos & Cheese, 100% Apple Juice
<b>10/18/21</b> Cheerios Cereal, Milk	<b>10/19/21</b> Banana Muffin, Milk	<b>10/20/21</b> Cheez-it Crackers, 100% Grape Juice	<b>10/21/21</b> Graham Crackers, 100% Fruit Juice	<b>10/22/21</b> Chocolate Chip Muffin, Milk
<b>10/25/21</b> Goldfish Crackers, 100% Apple Juice	<b>10/26/21</b> Peanut Butter Crackers, 100% Grape Juice	<b>10/27/21</b> Blueberry Muffin, Milk	<b>10/28/21</b> Animal Crackers, 100% Fruit Juice	<b>10/29/21</b> Cinnamon Toast Crunch Cereal, Milk

**LEARN MORE AT [WWW.BGCMOULTRIE.ORG](http://WWW.BGCMOULTRIE.ORG)**



**BOYS & GIRLS CLUB**  
OF MOULTRIE / COLQUITT COUNTY

# OCTOBER DINNER MENU



**10/1/21**  
Ham / Cheese Sandwich,  
Pickles, Applesauce, Milk

**10/4/21**  
WG Breaded Chicken  
Nuggets, Roll, Corn,  
Mandarin Oranges, Milk

**10/5/21**  
Hotdog w/ Bun, Baked  
Beans, Mixed Fruit, Milk

**10/6/21**  
Spaghetti w/ Beef & Meat  
Sauce, Corn, Roll, Diced  
Pears, Milk

**10/7/21**  
WG Breaded Chicken  
Sandwich, Mixed Veggies,  
Peaches, Milk

**10/8/21**  
Turkey/ Cheese  
Sandwich, Carrots w/  
Ranch, Mandarin,  
Oranges, Milk

**10/11/21**  
Cheeseburger w/ bun,  
Mixed Veggies, Peaches,  
Milk

**10/12/21**  
WG Pizza Slice, Roll, Corn,  
Mixed Fruit, Milk

**10/13/21**  
Chicken Taquitos, Corn,  
Roll, Diced Pears, Milk

**10/14/21**  
Sausage Link w/ Bun,  
Pork & Beans, Mandarin  
Oranges, Milk

**10/15/21**  
PB&J Sandwich, Carrots,  
Applesauce, Milk

**10/18/21**  
Grilled Chicken  
Sandwich, Green Beans,  
Mixed Fruit, Milk

**10/19/21**  
WG Corndog, Roll,  
Pickles, Diced Pears, Milk

**10/20/21**  
Baked Chicken, Mac &  
Cheese, Green Beans,  
Mandarin Oranges, Milk

**10/21/21**  
Beef Ravioli, Roll, Mixed  
Veggies, Applesauce, Milk

**10/22/21**  
Grilled Cheese Sandwich,  
Celery w/ Ranch, Peaches,  
Milk

**10/25/21**  
Fish Bites w/ Roll & Tarter  
Sauce, Tater Tots, Diced  
Pears, Milk

**10/26/21**  
Chicken Salad w/ Crack-  
ers, Celery, Mandarin  
Oranges, Milk

**10/27/21**  
Beef & Cheese  
Hamburger Helper, Roll,  
Mixed Veggies,  
Applesauce, Milk

**10/28/21**  
Pulled Pork Sandwich,  
Corn, Peaches, Milk

**10/29/21**  
Buffalo Wings, Roll,  
Carrots w/ Ranch, Mixed  
Fruit, Milk

**LEARN MORE AT [WWW.BGCMOULTRIE.ORG](http://WWW.BGCMOULTRIE.ORG)**